



NORTH COAST UNIFIED AIR QUALITY
MANAGEMENT DISTRICT
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FOR IMMEDIATE RELEASE

Air Quality Advisory

Unhealthy Conditions



For the following areas:

HUMBOLDT COUNTY: Willow Creek, and Dinsmore

TRINITY COUNTY: Salyer, Hawkins Bar, Burnt Ranch, Hyampom, and Mad River

Smoke levels in these areas have been classified as *Unhealthy* and are creating a health hazard. Depending upon how the smoke travels, some locations may see some high concentrations for a few hours. These conditions are problematic for those with health conditions. Smoke Levels continue to be monitored. Please watch for updates.

People are recommended to restrict outdoor activity.

Symptoms that may be related to excess smoke exposure include:

- Repeated coughing
- Shortness of breath or difficulty breathing
- Wheezing
- Chest tightness or pain
- Palpitations
- Nausea or unusual fatigue
- Lightheadedness

If you have any of the symptoms listed above, contact your health care provider. Please see the NCUAQMD's General Public Service Announcement for recommendations on limiting smoke exposure.

For 24-hour Air Quality Advisory Information, call the NCUAQMD's hotline toll-free at 1-866-BURN-DAY (1-866-287-6329), or visit the website at www.ncuaqmd.org.

